

Great night for running
cool & perfectly still

Southside Masters Inc

Short Track 1 MILE

Long Track 3 k

Short Track 1 MILE							Long Track 3 k							
Name	Actual Time	l'cap	Nett Time	PI	Po	aceints	Name	Actual Time	l'cap	Nett Time	PI	Po	aceints	
1 B. Plummer	5:51	1:29	4:22	4	7	1	N Smith	9:45	1:37	8:08	17	20		
2 N. Smith	5:51	-	5:51	6	5	2	B Plummer	9:47	1:42	8:05	14	23		
3 Mark Simpson	6:17	-	6:17	7	4	3	G. Gjolussen	10:03	2:09	7:54	8	29		
4 Matthew Simpson	7:14	-	7:14	8	3	4	Rob Coube	10:18	2:17	8:01	12	24 1/2		
5 J Dawlings	7:20	3:00	4:20	3	8	5	B Naima	10:19	2:23	7:56	9	28		
6 C Plummer	7:27	3:22	4:05	2	9	6	J Shaw	10:20	2:27	7:53	7	30		
7 R Toole	7:55	3:57	3:58	1	11	7	Magda Poulos	10:24	2:18	8:06	15	21 1/2		
8 Rebecca Wiley	8:40	4:02	4:38	5	6	8	P. Day	10:52	2:19	8:33	25	11 1/2		
9 Trisha Simpson	8:51	-	8:51	9	2	9	J Dawlings	10:52	2:40	8:12	18	19		
10							B Lloyd	11:11	3:11	8:00	11	26		
11							Glen Buchurst	11:52	-	11:52	31	6		
12							Will Coube	11:55	-	11:55	32	5		
13							Sally Luxton	11:57	4:45	7:12	3	36		
14							Anthony Eyles	12:09	7:58	4:11	1	40		
15							Mark Simpson	12:21	-	12:21	33	4		
16							G Darby	12:22	4:21	8:01	12	24 1/2		
17							Joanne Trevis	12:27	3:54	8:33	25	11 1/2		
18							Dave Robinson	12:30	4:24	8:06	15	21 1/2		
19							C Wiley	12:38	4:08	8:30	24	13		
20							C Russ	13:05	4:28	8:37	27	10		
7.5 k Road Race							21	Timothy Eyles	13:35	7:58	5:37	2	38	
1 G. Keir	36:52	14:26	22:16	3	4	22	B Simpson	13:35	5:13	8:23	21	16		
2 J Cesatto	37:39	17:27	20:17	1	7	23	Brian Pepper	13:35	-	13:35	34	3		
3 B. Inghel	40:03	14:31	25:32	4	3	24	Mitchell Eyles	13:37	-	13:37	35	2		
4 M. Gentle	42:15	21:34	20:41	2	5	25	J Yella	13:43	4:30	9:13	29	8		
5 D Burns	46:29	18:16	26:13	5	2	26	J Irvine	14:22	4:57	9:25	30	7		
6						27	R Toole	14:23	6:09	8:14	20	17		
7						28	Susan Hitcher	14:34	6:21	8:13	19	18		
8						29	L. Farley	15:40	7:11	8:29	23	14		
3K WALK							30	M Roberts dr	15:50	8:02	7:48	4	34	
9 B. Russ	23:54	12:19	11:35	2	7	31	Vivienne Darby	16:09	7:24	8:45	28	9		
10 A. Argall	26:05	13:29	12:36	5	4	32	M. Tward	16:40	8:51	7:49	5	31 1/2		
11 Aimee Russ	26:27	15:37	10:50	1	9	33	Gary Sheesmith	17:18	9:20	7:58	10	27		
12 William Kerr	26:33	-	26:33	7	2	34	Ana Argall	17:23	9:34	7:49	5	31 1/2		
13 Helen Simes	27:32	15:34	11:58	4	5	35	P. Dalk	17:40	9:12	8:28	22	15		
14 C Plummer	27:45	15:52	11:53	3	6	36								
15 B McCredie	36:14	20:28	15:51	6	3	37								
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